## WHAT IS CLAIMED IS:

1	1. 1. A pillow for holding an infant, the pillow comprising:
2	a pillow body having a padded region and a well region, wherein the padded
3	region comprises an upper section, a lower section and two side sections that surround the
4	well region, wherein the padded region further comprises a cover and a fill material stuffed
5	within the cover, and wherein the pillow body angles upward from the lower section to the
6	upper section such that when an infant is placed onto the pillow the infant is inclined, with
7	the infant's bottom resting in the well region and the infant's back and head resting on the
8	upper section.
1	2. A pillow as in claim 1, wherein the well region comprises a piece of
2	fabric disposed between the upper section, the lower section, and the two side sections.
1	3. A pillow as in claim 1, wherein the pillow body angles upward from
2	the lower section to the upper section at an angle in the range from about 9 degrees to about
3	15 degrees.
1	4. A pillow as in claim 1, wherein the well region is generally circular
2	and has a diameter in the range from about 4 inches to about 7 inches.
1	5. A pillow as in claim 1, wherein the lower section and the side sections
2	extend above the well region by a distance in the range from about 1 inch to about 3 inches.
1	6. A pillow as in claim 1, wherein the upper section extends above the
2	well region by a distance in the range from about 2 inches to about 8 inches.
1	7. A pillow as in claim 1, wherein the pillow body has a length in the
2	range from about 14 inches to about 24 inches, and a width in the range from about 8 inches
3	to about 20 inches.
1	8. A pillow as in claim 1, wherein the well region is positioned within
2	about 3 inches to about 7 inches of the lower section and the side sections.
1	9. A method for supporting an infant, the method comprising:
2	providing a support pillow that comprises a pillow body having a padded
3	region and a well region, wherein the padded region comprises an upper section, a lower

- section and two side sections that surround the well region, wherein the padded region further 4 comprises a cover and a fill material stuffed within the cover, and wherein the pillow body 5 6 angles upward from the lower section to the upper section; 7 placing an infant onto the support pillow in an inclined orientation, with the 8 infant's bottom resting in the well region and the infant's back and head resting on the upper 9 section. 1 A method as in claim 9, wherein the infant is inclined at an angle in the 10. range from about 9 degrees to about 15 degrees. 2 1 11. A method as in claim 9, further comprising wrapping the infant in a 2 blanket prior to placing the infant onto the support pillow. 1 12. A method as in claim 9, further comprising feeding the infant while on 2 the support pillow. 1 13. A method as in claim 9, wherein the well region comprises a piece of fabric disposed between the upper section, the lower section, and the two side sections, and 2 wherein the infant's bottom is placed onto the piece of fabric. 3 1 14. A pillow kit comprising: 2 a support pillow that comprises a pillow body having a padded region and a well region, wherein the padded region comprises an upper section, a lower section and two 3 side sections that surround the well region, wherein the padded region further comprises a 4 cover and a fill material stuffed within the cover, and wherein the pillow body angles upward 5 from the lower section to the upper section such that when an infant is placed onto the pillow 6 the infant is inclined, with the infant's bottom resting in the well region and the infant's back and head resting on the upper section; and a transparent covering having an open interior sized to receive and hold the support pillow. A pillow kit as in claim 14, wherein the covering has a bottom end, a 15. top end with an opening, and a fastener to close the opening.
  - 16. A pillow kit as in claim 15, further comprising a pair of handles coupled to the top end.

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- 1 17. A pillow kit as in claim 15, wherein the covering has a shape that 2 closely matches the shape of the support pillow.
- 1 18. A pillow kit as in claim 15, wherein the well region comprises a piece of fabric disposed between the upper section, the lower section, and the two side sections.
- 1 19. A pillow kit as in claim 15, wherein the pillow body angles at an angle 2 in the range from about 9 degrees to about 15 degrees.
- 1 20. A pillow as in claim 15, wherein the well region is generally circular 2 and has a diameter in the range from about 4 inches to about 7 inches